



City Clerk Council and Public Services <clerk.cps@lacity.org>

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## Home Hygiene and Safety Recommendations

1 message

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**Jessica Kellogg** <jessica.kellogg@lacity.org>  
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To: Jessica Kellogg <jessica.kellogg@lacity.org>  
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Sat, Mar 28, 2020 at 2:34 PM


Good Afternoon,

Please see the attached memo from LA City's Emergency Operations Center Directors, regarding home hygiene and safety recommendations during the COVID-19 Pandemic.

Thank you,

**Jessica Kellogg, MPP**  
Public Information Officer  
Emergency Management Department  
Phone: (213) 484-4896  
Website: ReadyLA.org

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 **Departmental Guidance- Home Hygiene Recommendations.pdf**  
57K

CITY OF LOS ANGELES  
DEPARTMENTAL CORRESPONDENCE



Date: March 28, 2020  
To: All City Departments  
From: Emergency Operation Center Directors  
Subject: **Home Hygiene Recommendations to Stay Safe**

This guidance provides recommendations on the cleaning and disinfection of households. It is aimed at limiting the survival of the virus in the environments. Household members should educate themselves about COVID-19 symptoms and preventing the spread of COVID-19 in homes.

**Cleaning** refers to the removal of germs, dirt, and impurities from surfaces. Cleaning does not kill germs, but by removing them, it lowers their numbers and the risk of spreading infection.

**Disinfecting** refers to using chemicals to kill germs on surfaces. This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface *after* cleaning, it can further lower the risk of spreading infection.

These guidelines are focused on household settings to minimize potential exposures. Stay strong, stay safe and stay informed:

- Clean and disinfect high-touch surfaces daily in household common areas (e.g., tables, hard-backed chairs, doorknobs, light switches, remotes, handles, desks, toilets, sinks)
- Household members should follow [home care guidance](#) when interacting with persons with suspected/confirmed COVID-19 and their isolation rooms/bathrooms.
- Disinfect high use areas (e.g., counters, door handles, light switches, sinks) twice daily
- Clean bathroom surfaces after each visit
- Wash bedding/sheets more frequently
- Change and launder clothing after each use
- Ensure kitchen utensils (e.g., tongs and/or spoons) are used for any food service (Discontinue the practice of reaching into bags/bowls for food and/or snacks, e.g., Chips, crackers and other food stored in plastic, bags, cans, jars, etc.)
- Discontinue washing hands in the kitchen sink (apply reminder signage above sink)
- Increase frequency of hand washing (remove rings and scrub, clean under fingernails)
- Wash hands after handling trash