

LOS ANGELES FIRE COMMISSION

BOARD OF
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Mayor

SUE STENGEL
INDEPENDENT ASSESSOR

EXECUTIVE OFFICE
200 NORTH MAIN STREET, SUITE 1840
LOS ANGELES, CA 90012

(213) 978-3838 PHONE
(213) 978-3814 FAX

November 19, 2019

Honorable Members of the City Council
City of Los Angeles
City Hall, Room 395
Attn: City Clerk

Honorable Eric Garcetti
Mayor, City of Los Angeles
Room 303, City Hall
Attn: Legislative Coordinator

[BFC 19-136] – IN-KIND DONATION OF GYM EQUIPMENT TO OPERATIONS CENTRAL BUREAU

At its meeting of November 19, 2019, the Board of Fire Commissioners approved the report and its recommendations. The report is hereby transmitted concurrently to the Mayor and City Council for consideration and approval.

Should you need additional information, please contact the Board of Fire Commissioners' office at 213-978-3838.

Sincerely,

Isela Iñiguez
Acting Commission Executive Assistant

Attachment

cc: Board of Fire Commissioners (without attachments)
Fire Chief Ralph M. Terrazas (without attachments)

November 19, 2019

LOS ANGELES FIRE DEPARTMENT



RALPH M. TERRAZAS
FIRE CHIEF

APPROVED: 11-19-2019
BOARD OF FIRE COMMISSIONERS
BY: *[Signature]*
COMMISSION EXECUTIVE ASSISTANT

October 29, 2019

BOARD OF FIRE COMMISSIONERS
FILE NO 19-136

TO: Board of Fire Commissioners

FROM: *RMT* Ralph M. Terrazas, Fire Chief

SUBJECT: IN-KIND DONATION OF GYM EQUIPMENT TO OPERATIONS CENTRAL BUREAU

FINAL ACTION:	<input type="checkbox"/> Approved	<input type="checkbox"/> Approved w/Corrections	<input type="checkbox"/> Withdrawn
	<input type="checkbox"/> Denied	<input type="checkbox"/> Received & Filed	<input type="checkbox"/> Other

SUMMARY

Margarita Alvarez, the Executive Director for the Central City Neighborhood Partners and a member of the community, has donated to the Operations Central Bureau the following used items valued at approximately \$15,925:

Cardio Equipment

- Life Cycle Elliptical 9500 HR (\$500)
- Life Cycle Stationary Bike (\$500)
- Cybex Arch Trainer (\$700)
- Flexdeck Treadmill (\$1,000)

Free Weights

- Various Dumbbells 25 – 95 lbs. (15 sets @\$15 each)

Weight Machines (Cybex)

- Plate Loaded Advanced Shoulder (\$750)
- Olympic Decline Bench (\$700)
- Body Weight Leg Raise (\$400)
- Standard Bench Press (\$300)
- Incline Bench Press (\$100)
- Preacher Curl – Arm Press (\$200)
- Overhead Press (\$700)
- Lat Pull Down (\$700)
- Smith Press (\$900)
- Row/Rear Delt (\$800)
- Hip Adduction/adduction (\$2,000)
- Seated Leg Curl (\$1,000)
- Leg Extension (\$500)

- Bicep/Arm Curl (\$600)
- Chest Press (\$700)
- Classic Tricep Dip Press (\$800)
- Back Extension (\$150)
- Body Weight Leg Raise (\$50)
- Seated Leg Press (\$750)
- Abdominal Crunch Machine (\$400)
- Cable Cross Over (\$700)
- Assisted Chin Up/Dip (\$900)
- Bent Leg Abdominal Board (\$400)

RECOMMENDATIONS

That the Board:

1. Approve this report and accept the donation of the listed items above with a total approximate value of \$15,925.
2. Request the Commission Executive Assistant to transmit this report to City Council in accordance with the Los Angeles Administrative Code, Ordinance 15514, Article 12, section 5.111.4, for consideration and approval.

FISCAL IMPACT

There is no fiscal impact to the Department's budget resulting from the donation of these items. Donations provide the necessary items meeting the needs of the respective department. Replacement or repair of items meeting City specifications and Fire Department business needs may be borne by General Fund, subject to budgetary constraints.

CONCLUSION

The Los Angeles Fire Department benefits tremendously from gracious donations and support provided by Ms. Alvarez. The Community Liaison Office acknowledges Ms. Alvarez for her generosity.

Board report prepared by Public Information Director Peter Sanders, Community Liaison Office.

Attachments

LOS ANGELES FIRE DEPARTMENT



RALPH M. TERRAZAS
FIRE CHIEF

October 18, 2019

TO: Peter Sanders, Public Information Director
Community Liaison Office, THROUGH CHANNELS

FROM: Kristina Kepner, Assistant Chief
Command 22, A Platoon

SUBJECT: IN-KIND DONATION TO LOS ANGELES FIRE DEPARTMENT -
OPERATIONS CENTRAL BUREAU
ATRS 19-10-0158

I was recently approached by a member of the Downtown Los Angeles community desiring to make an in-kind donation of gym equipment to the Los Angeles Fire Department, Operations Central Bureau (OCB). Margarita Alvarez is the Executive Director for the Central City Neighborhood Partners (CCNP), a non-profit organization. She can be contacted at (213) 923-3808. The CCNP will be disbanding a gym that was previously being used for the community. This request was unsolicited and was made as a kind gesture of appreciation to the local fire stations. The items being donated with the estimated value are listed below.

Donated Items (All Used):

Cardio Equipment

- Life Cycle Elliptical 9500HR (\$500)
- Life Cycle Stationary Bike (\$500)
- Cybex Arch Trainer (\$700)
- Flexdeck Treadmill (\$1000)

Free Weights – Various Dumbbells 25–95 lbs (\$15.00 each)

Weight machines: Cybex

- Plate Loaded Advanced Shoulder (\$750.00)
- Olympic Decline Bench (\$700)
- Body Weight Leg Raise (\$400)
- Standard Bench Press (\$300)
- Incline Bench Press (\$100)

<small>COMPANY/STATION/UNIT COMMANDER</small>	<small>DATE</small>	<small>EMS BATTALION CAPTAIN</small>	<small>DATE</small>	<small>BATTALION COMMANDER</small>	<small>DATE</small>	<small>DIVISION COMMANDER</small>	<small>DATE</small>
<i>[Signature]</i>		<i>[Signature]</i>		<i>[Signature]</i>		<i>[Signature]</i>	
<small>BUREAU COMMANDER</small>		<small>EMERGENCY OPERATIONS COMMANDER</small>		<small>ADMINISTRATIVE OPERATIONS COMMANDER</small>		<small>DATE</small>	
<i>[Signature]</i> 10/18/19		<i>[Signature]</i> 10/23/19					

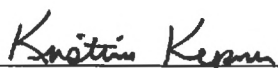
Peter Sanders, Public Information Director

October 18, 2019

Page 2

- Preacher Curl –Arm Press (\$200)
- Overhead Press (\$700)
- Lat Pull Down (\$700)
- Smith Press (\$900)
- Row/Rear Delt (\$800)
- Hip Abduction/Adduction (\$2,000)
- Seated Leg Curl (\$1,000)
- Leg Extension (\$500)
- Bicep/Arm Curl (\$600)
- Chest Press (\$700)
- Classic Tricep Dip Press (\$800)
- Back Extension (\$150.00)
- Body Weight Leg Raise (\$50)
- Seated Leg Press (\$750)
- Abdominal Crunch Machine (\$400)
- Cable Cross Over (\$700)
- Assisted Chin Up/Dip (\$900)
- Bent Leg Abdominal Board (\$400)

There was no expressed or implied commitment or promise made to Mrs. Alvarez in accepting this donation. This equipment will be cleaned and maintained at the individual station level, similar to other exercise equipment at the fire stations. If you have any questions, please contact Chief Kepner at Operations Central Bureau (213) 485-6291.



Kristina Kepner, Assistant Chief
Command 22, A Platoon