

Communication from Public

Name:

Date Submitted: 10/28/2025 06:57 PM

Council File No: 25-0002-S82

Comments for Public Posting: My name is Wendy Chamberlain, and I am the founder and Chair of Kratom Danger Awareness, Inc. But I am reaching out to you today first and foremost as a mother who lost my only child to mitragynine toxicity — the primary alkaloid in kratom. On August 30, 2020, my son Joseph S. Lumbrazo sat down in his recliner to watch TV. He drifted off to sleep and never woke up. He was just 38 years old, healthy, and not in recovery from addiction. He used GMP whole-leaf kratom powder for energy after being told it was “safe,” “natural,” and “non-addictive.” His toxicology report listed mitragynine toxicity as the sole cause of death. Joseph was a father of three amazing boys and a business owner who loved the outdoors. His future — and theirs — was stolen by a product the industry claims is harmless. This is why I am asking you to Vote NO on the California Kratom Consumer Protection Act. ? Regulation Doesn’t Work — Utah Proves It Utah passed the very first KCPA in 2019. It was supposed to protect consumers, yet: • Kratom-involved deaths continued after KCPA was enacted • Products are still marketed as safe, no addiction risk, and legal for all adults • Testing doesn’t detect overdose risk, only contamination • Consumers remain unaware that mitragynine alone kills Even Senator Mike McKell — the original sponsor of Utah’s KCPA — has publicly acknowledged the failure of regulation: “The Kratom Consumer Protection Act did not work. It did not solve the harms, the addiction, and the deaths. If other states want to follow Utah, the only answer is scheduling — not regulation.” — Utah Legislative Testimony, 2024 When the architect of the KCPA model warns other states not to follow it, that cannot be ignored. ? Key Facts You Should Have in Front of You ? Kratom products remain unregulated in effect, even under KCPA ? The industry continues targeting young, healthy people like my son ? Mitragynine has been listed as the sole cause of death in multiple fatalities nationwide ? Families like mine grow in number every single month Regulating an addictive psychoactive drug is not protection — it is enabling continued harm. California must not repeat Utah’s mistake. ? California has a chance to save lives A ban would prevent: • Youth addiction • Fatal mitragynine-only toxicity cases • Uninformed consumers being misled by a profit-driven industry Kratom took my son’s life. I will live with that pain forever, but you have the power to

prevent more families from suffering the same loss. Please —
protect California families by opposing the KCPA. Thank you for
your time and for your service to your community. With respect,
Wendy Chamberlain Founder & Chair, Kratom Danger
Awareness, Inc. Mother of Joseph S. Lumbrazo — died at 38
from mitragynine toxicity ?? 315-886-2965 ??
www.KratomDangerAwareness.org

Communication from Public

Name: Grant

Date Submitted: 10/28/2025 07:01 PM

Council File No: 25-0002-S82

Comments for Public Posting: Natural Leaf Kratom has really improved my life for the better. I suffered from extreme anxiety and Kratom has helped me a lot with that. It made me a better father for my family as well. 7OH is not Kratom!! If you follow the science and educate yourself on natural leaf Kratom you will see it is beneficial for so many different things from pain to anxiety and depression. Without Natural leaf Kratom I don't know if I would be the same person I am today. If you ban this leaf you will be affecting a lot of people in our community who are trying to heal the themselves without pharmaceutical medicine. I agree for regulation of natural leaf Kratom and banning 7OH.

Communication from Public

Name: Mariah

Date Submitted: 10/28/2025 07:07 PM

Council File No: 25-0002-S82

Comments for Public Posting: 7OH and kratom save lives — they have saved mine. I have been taking kratom leaf for 12 years on and off as needed for a painful spine condition that I was diagnosed with at 18 years old. When my chronic pain first started, I was offered opiates and muscle relaxers by my doctors. Even at 18, I knew that I did not want my life revolving around addictive pharmaceutical drugs. I read about a natural tree leaf called kratom on Reddit — one that's been used successfully in eastern parts of the world for hundreds of years. It kept my pain low, it gave me some energy, and I was never a "slave" to kratom — my life did not revolve around it because it benefited me so much. During times that my pain was manageable, I could also go days, weeks, or months without taking it, without feeling any withdrawal symptoms. About four years ago, I was diagnosed with severe and medication-resistant rheumatoid disease. I struggled to do basic tasks for myself like brushing my teeth or preparing food because the fatigue and pain I felt were so intense. During this time, I began to use kratom more consistently, and it allowed me to gain very small parts of my life back. When I found 7OH two years ago, it changed everything. It gave me the ability to be independent again. It allowed me to live life with less pain — and unlike kratom alone, 7OH lasts longer and helps in more areas of pain and fatigue. I've been using it now for two years, alongside kratom leaf, and it has been absolutely transformative. I am able to work again and contribute to society again!!!! This is just one story. I know countless others who have had experiences so very similar to my own. I've also met people who have completely come off of opiates with the help of 7OH, and then eventually transitioned to kratom alone. These are not isolated cases, these are real people finding safer, sustainable ways to manage their pain and reclaim their entire lives. We need to trust the science. 7OH alone has not taken ONE SINGLE LIFE. Chronic pain and opiate use disorder take lives EVERY SINGLE DAY. Prohibition does not work. Regulation and science and education do. Removing this safe, natural alternative to pain medicine and harm reduction will absolutely harm and kill people. This is America, we should be absolutely free to choose if we want to take supplements made out of a leaf from a tree. It isn't hurting anyone, it isn't killing anyone, it's causing mass hysteria because it works. Disinformation is

spreading like wildfire because it works. We should have medical freedom in Los Angeles county to treat our chronic illness, pain, and opiate use disorder... modern medicine is quick to throw anyone belonging to these categories to the wayside.... But people like me have found an option to live life again!! from plant medicine that actually works!! Please do not take that away. Instead, please push to champion, study and regulate this alkaloid... 7OH SAVES LIVES.

Communication from Public

Name: Julie Knaus

Date Submitted: 10/28/2025 07:15 PM

Council File No: 25-0002-S82

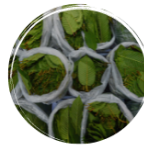
Comments for Public Posting: Dear City of L.A., Attached is an infographic about Kratom with some of the scientific and medical risks. We lost my twin brother, age 25, in 2017 due to Kratom. We have been fighting for regulation since then and have had to watch thousands of other families who have lost loved ones or are in the process of losing them due to this drug. As a citizen of Ventura, CA., please regulate Kratom and reach out with any questions. Julie Knaus



Kratom: Risks and Clinical Implications

Kratom is a plant-based substance that has gained popularity in recent years, with people using it for various purposes, including pain relief, energy boost, and to manage opioid withdrawal symptoms. Kratom has both stimulant and opioid properties. Used for perceived therapeutic effects or as a recreational drug. It's important to understand the risks and potential adverse effects associated with Kratom use.

Legal Status and Regulation



- Kratom's legal status varies across the US. Some states and cities have banned it, while others have regulations or no laws regarding its use.
- The Kratom Consumer Protection Act (KCPA) and similar bills, advocated by the lobbying group American Kratom Association, aim to prevent bans on kratom and protect its sellers. However, these measures do not necessarily prioritize consumer safety or address all concerns regarding kratom's regulation.

Metabolism



- Primarily hepatic metabolism, involving CYP3A4, CYP2D6, and CYP2C9.
- CYP3A-dependent oxidation of mitragynine produces 7-OH-mitragynine.
- Postulated that 7-OH-mitragynine is the active metabolite of mitragynine, accounting for most of kratom's clinical effects.

Kratom Trending

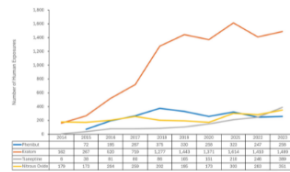
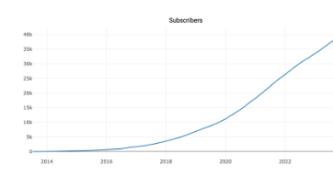


Figure 5. Kratom, Nicotine, Alcohol, and Marijuana Sales Exposure Reported to US Poison Centers by Year, 2010-2020

Poison Control Human Exposure Calls



Reddit: r/quittingkratom over 40K

Kratom	
SIDE EFFECTS	
GASTROINTESTINAL	<ul style="list-style-type: none"> Nausea Constipation Hyperemesis
BEHAVIORAL	<ul style="list-style-type: none"> Hallucinations Psychosis Agitation and withdrawal causing aggression and insomnia
NEUROLOGIC	<ul style="list-style-type: none"> Excessive sweating Loss of appetite, anorexia, weight loss Dizziness Tremors Seizures
URINARY	<ul style="list-style-type: none"> Increased urination Constipation
TESTS	<ul style="list-style-type: none"> Diaphoresis Protein Hyperkalemia
WITH ACUTE TOXICITY...	Possibility of death

Drug-Drug Interactions

- Mitragynine appears to inhibit glucuronidation by UGT, as well as inhibit CYP2D6 (strong), CYP2C9 (modest), CYP3A4 (modest).
- Case report of quetiapine overdose thought to be due to kratom's inhibition of CYP3A.
- Fentanyl, primarily metabolized by CYP3A, was listed as causing unintentional overdose in 99/152 kratom-positive decedents.

Kratom Use Disorder (KUD)

- Prolonged use of kratom can lead to dependence and withdrawal symptoms.
- Withdrawal and maintenance therapy often require medication-assisted therapy similar to that in opioid withdrawal/maintenance.

Pharmacology

- More than 40 alkaloids have been identified within the natural kratom leaf.
- Four are known to be pharmacologically active:
 - Mitragynine (66% of total alkaloid content)
 - 7-hydroxymitragynine (0.02%), and a metabolite of mitragynine
 - Speciociliatine
 - Corynantheidine
- Mitragynine and 7-OH-mitragynine thought to be responsible for psychoactive effects.
- 7-OH-mitragynine has 46x greater affinity for mu-opioid receptor than mitragynine, and 13x greater than morphine.
- Mitragynine has non-opioid receptor pain relieving effects: activates alpha-2 adrenergic receptors, blockade of calcium channels, inhibits COX2 and PGE2 mRNA expression.
- Mitragynine bears affinity to 5-HT2C and 5-HT7, D2, and A2A adenosine receptors.
- Stimulant properties not clearly identified, but are thought to involve actions at opioid and adrenergic receptors.



Kratom: Risks and Clinical Implications

Rise of 7-Hydroxymitragynine Products



- 7-OH-mitragynine dose-dependently substitutes for morphine.
- New products may contain up to 98% 7-OH-mitragynine.
- Some formulations circumvent first-pass metabolism, increasing bioavailability.
- Product marketing fails to distinguish itself from kratom

Adverse Effects: Clinical Reports

Organ System	Potential Impact
Hepatic	Acute liver failure, hepatitis, transaminitis, intrahepatic cholestasis, hepatomegaly, herb-drug interactions via cytochrome P450 (CYP) system
Renal	Acute kidney injury
Cardiac	Cardiotoxicity, arrhythmia
Neurological	Acute brain injury, seizures, coma, cognitive impairment
Gastrointestinal	Constipation
Pulmonary	Acute lung injury, acute respiratory distress syndrome
Endocrine	Hypothyroidism, hypogonadism
Obstetric	Neonatal abstinence syndrome
Dermatological	Skin hyperpigmentation
Psychiatric	Addiction, delusion, hallucinations, delirium, agitation
General	Weight loss, insomnia, extreme fatigue

- Cardiovascular: tachycardia, elevated blood pressure, palpitations, prolonged QT interval, cardiac arrest.
- Gastrointestinal: constipation, diarrhea, nausea, vomiting, liver or kidney injury.
- Neurological: headaches, seizure, aphasia, coma, disorientation, intracerebral hemorrhage, posterior reversible encephalopathy syndrome.
- Psychiatric: agitation/irritability, apathy, reduction in motivation, tolerance, withdrawal.



Effects of Chronic Use

- Mice and rat models have shown addiction potential and cognitive impairment.
- Chronic use associated with enhanced punishment-tolerance and reward-seeking behavior.
- Liver and kidney impairments, elevated lipid profiles, weight loss, skin hyperpigmentation, extreme fatigue.

Kratom Toxicity Results

- CDC linked kratom to 152 deaths between 2016 and 2017. Kratom was determined to be a cause of death for 91/152.
- Polysubstance abuse has been estimated to occur in 87% of cases.
- 4/15 total kratom-related deaths in Colorado from 1999–2017 were attributed solely to mitragynine toxicity.
- 484 drug intoxication-related mortality deaths with positive kratom exposure in Florida from 2020–2021. 36 used kratom as the sole substance.
- Co-using opioids with kratom increased the odds of dying of drug intoxication-related mortality.
- 1,151 deaths (across 38 states) associated with kratom/mitragynine in 2023.

Respiratory Depression

- Respiratory depression is attributed to conversion from mitragynine to 7-OH-mitragynine.
- CYP3A inducers (carbamazepine, phenobarbital, St. John's Wort, etc.) thought to increase the effects of mitragynine.
- Individuals with genetic mutations leading to alterations in levels of activity of metabolizing enzyme ("rapid metabolizers") would have different sensitivities to the effects of kratom.
- When combined with other sedatives (opioids, benzodiazepines, alcohol), kratom can cause significant CNS depression.



Mitragynine inhibits the metabolism of the below drugs, causing the drugs to leave the body at a slower rate creating elevated levels with potential toxic effects

CYP2D6 (strong)	CYP3A4 (modest)	CYP2C9 (modest)	Glucuronidation by UGT
CYP2D6 constitutes up to 2% of hepatic CYP content and is responsible for the metabolism of up to 20% of drugs that undergo biotransformation.	CYP3A4 is a cytochrome P450 enzyme that's found in the liver, brain, and periphery. It's responsible for metabolizing about 50% of all prescribed drugs.	Cytochrome P450 2C9 (CYP2C9) is an enzyme in the liver that metabolizes many drugs.	UGTs are important enzymes that help detoxify drugs and other harmful substances. They also metabolize endogenous compounds like bile acids, steroid hormones, and fatty acids.
Antidepressants: Amitriptyline, Clomipramine, Desipramine, Fluoxetine, Imipramine, Paroxetine, Sertraline, and Venlafaxine. Antipsychotics: Haloperidol, Perphenazine, and Risperidone Pain relievers: codeine, dextromethorphan, oxycodone, and tramadol Cardiovascular drugs: Beta-blockers (e.g., metoprolol, propranolol) Flecainide, and Propafenone Other drugs: Tamoxifen (breast cancer medication), Methadone (opioid agonist), and Sparteine	Antidepressants: amitriptyline, imipramine, citalopram, paroxetine, and buspirone Antipsychotics: haloperidol, perphenazine, aripiprazole, quetiapine, risperidone, and ziprasidone Antibiotics: erythromycin, telithromycin, and clarithromycin. Cardiovascular drugs: amlodipine, diltiazem, felodipine, nifedipine, verapamil, and statins Other drugs: acetaminophen, codeine, ciclosporin, diazepam, chloroquine, sildenafil, and vincristine.	Anticoagulants: S-warfarin, acenocoumarol, and phenprocoumon Antiepileptics: Phenytoin and valproate Non-steroidal anti-inflammatory drugs (NSAIDs): Diclofenac, ibuprofen, celecoxib, and flurbiprofen Oral sulfonylurea antidiabetics: Tolbutamide, glimepiride, and glipizide Diuretics: Torsemide and sulfinpyrazone Antihypertensive angiotensin II receptor blockers: Losartan and irbesartan Fluoxetine: A drug metabolized by CYP2C9es many drugs.	Amitriptyline:Glucuronidated by UGT1A4 Lamotrigine:Glucuronidated by UGT1A4 Olanzapine:Glucuronidated by UGT1A4 Trifluoperazine:Glucuronidated by UGT1A4 Paracetamol:Metabolized by UGT1A6 Propofol:Glucuronidated by UGT1A9 Indomethacin:Glucuronidated by UGT1A9 Mycophenolicacid:Glucuronidated by UGT1A9 Oxazepam:Glucuronidated by UGT1A9 Carvedilol:Metabolized by UGT2B7 Codeine:Metabolized by UGT2B7 Diclofenac:Metabolized by UGT2B7 Epirubicin:Metabolized by UGT2B7 Morphine:Metabolized by UGT2B7 Naloxone:Metabolized by UGT2B7 Zidovudine:Metabolized by UGT2B7

References

This infographic has been adapted from a grand rounds presentation given at Ventura County Medical Center on 1/29/25 by Will Keehn, M.D., with permission from the original presenter. References below:

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Communication from Public

Name: Michael

Date Submitted: 10/28/2025 07:20 PM

Council File No: 25-0002-S82

Comments for Public Posting: Kratom has made me a better person in so many ways. I suffered from anxiety for years until I found natural leaf Kratom. This leaf has so many benefits for so many people in our community. If you follow the science you will see that natural leaf Kratom is not bad. Even the FDA is saying they are not targeting natural Kratom but 7 Oh. I agree with banning 7OH and having proper regulations for natural leaf Kratom to ensure standards and safety for responsible consumers. If you ban this plant leaf you will be negatively effecting a lot of people in your community trying to heal themselves without using pharmaceutical medicine.

Communication from Public

Name:

Date Submitted: 10/28/2025 07:42 PM

Council File No: 25-0002-S82

Comments for Public Posting: I'm speaking on behalf of the proposed kratom ban. My experience with kratom has been very positive. Kratom is a natural plant that has wonderful medicinal properties such as pain relief, anxiety relief, energy and overall can greatly benefit persons in many walks of life. To take away this valuable plant medicine who those who need it for a variety of different reasons is unfair and will do more harm than good. People have been using this plant to stay off of both prescribed and synthetic opioids which contribute to the epidemic our country has been facing in the last decade. Education and research is a much better route in terms of handling kratom legislation. Another risk of banning kratom is the inevitable creation of a black market. With fentanyl flooding into the country, the risk of creating a black market could result in adulterated products being sold as kratom or 7-OH which could be extremely dangerous and detrimental to those who continue to seek them. I ask on behalf of myself and all of those who use kratom in a safe and responsible manner to please reconsider the criminalization of this natural plant medicine.

Communication from Public

Name: Leah

Date Submitted: 10/28/2025 07:56 PM

Council File No: 25-0002-S82

Comments for Public Posting: I'm a California resident and a voter, I do NOT support a ban on either kratom or 7ho. Prohibition is never the answer but especially of a plant and its alkaloids. I support and will vote for bodily autonomy. I'm almost 40, I should be able to choose to use a plant for whatever reason I want. This is a huge part of why I love California and its hippie devotion to plant medicine. I use both kratom and 7oh as needed, sometimes in place of Tylenol, sometimes as pre workout. In 2024 LA had over 1,000 DUI related crashes and 20 fatalities in 8 months, if public health is genuinely a concern let's start with substances that not only endanger the consumer but also everyone around them. Since when do we let a Republican who has a brain worm, drinks raw milk and believes Tylenol causes autism dictate our public health policy? Please do not ban kratom or any of its alkaloids that are being used responsibly by many adults to get through the ridiculous time we live in.

Communication from Public

Name: Rachel

Date Submitted: 10/28/2025 08:12 PM

Council File No: 25-0002-S82

Comments for Public Posting: As someone with chronic pain due to an autoimmune disease, 7oh and kratom have been incredibly therapeutic. Having access to these as supplements is crucial.

Communication from Public

Name: KELLI MCCANN

Date Submitted: 10/28/2025 09:07 PM

Council File No: 25-0002-S82

Comments for Public Posting: My name is Kelli McCann. I am writing to you regarding council file number 25-0002-S82 concerning banning kratom and 7OH statewide in California. I am in full support of banning both substances. My son Benjamin Wilcock died from acute mitragynine intoxication on 9/12/24 at 40 years of age. He took kratom to manage his psoriatic arthritis pain. He was led to believe that it was a safe and healthy alternative to prescription drugs and about as addictive as coffee. This belief cost him his life, and it cost me my oldest child and only son. Regulation will not protect consumers from the dangers of kratom. In fact, it may increase a false sense of safety and create a belief the issues surrounding kratom have been resolved. Currently, kratom does not have a safety profile or standardized dosages. The kratom plant and products are extremely variable. There are over 40 alkaloids in kratom and still not a complete understanding of the two main ones – mitragynine and 7 hydroxymitragynine. There are also numerous public websites and social media videos giving step by step instructions on how to increase the potency of the product with different substances or methods of use. The issues with kratom did not just recently begin in the United States. It has a complex history. For example, mitragynine has been listed as a psychotropic substance under the Malaysian Poison Act 1952 since its introduction. <https://pdfs.semanticscholar.org/2d83/4dc4b922ee5084e3834f3b2609d961db84d2.pdf> It is crucial that kratom be banned or scheduled in the interest of public safety. The kratom industry is reckless and out of control. Numerous families have experienced tremendous loss and heartbreak because of it. Sadly, there will continue to be more tragedies unless all our states take a stand and ban this dangerous product. I urge you to take a stand for the citizens of California. Please ask yourselves based on all the information presented to you, would you feel comfortable giving your loved ones kratom? Sincerely, Kelli McCann

Communication from Public

Name: Douglas Gonsalves

Date Submitted: 10/28/2025 01:55 PM

Council File No: 25-0002-S82

Comments for Public Posting: Im a recovering drug addict. I've been sober for 18 years, thanks 100% to pure Kratom. I do believe 7ho should be banned, however Please keep pure Kratom accessible

Communication from Public

Name: Joseph Alvarado

Date Submitted: 10/28/2025 02:00 PM

Council File No: 25-0002-S82

Comments for Public Posting: Kratom and 7-oh has saved my life indirectly. How?.. by helping me quit opiates and taking away ANY chance of an overdose happening. Now I am looking at a brighter future for my son and daughter and not only that but now I have better control of my finances. Now I am not giving money to shady dealers. I have extra money to spend on my kids(ex-heroin addict "junkie"), I can actually buy them presents now, which i am ashamed to say... I have THIS ability thanks to kratom/7oh. Kratom saves lives. Thank you for your time.

Communication from Public

Name: Twinkle VanFleet

Date Submitted: 10/28/2025 02:05 PM

Council File No: 25-0002-S82

Comments for Public Posting: Good afternoon, Chair and Members of the Committee. Thank you for allowing me the opportunity to share my story. My name is Twinkle VanFleet. I am a lifelong Californian, a healthcare advocate, and a patient living with Complex Regional Pain Syndrome, also called Reflex Sympathetic Dystrophy. It is a rare, progressive neuroinflammatory disease so painful that it's nicknamed the "suicide disease." Additionally, I live with multiple chronic illnesses and intractable conditions- both congenital and acquired. I was a compliant pain management patient for 12 years, relying on a spinal cord stimulator and a low dose of prescribed medication. But in 2016, at the height of the CDC opioid recommendations, I was abruptly dismissed from care. My medications were cut off without warning, and I went through dangerous cold-turkey withdrawals from opioids, antidepressants, and anticonvulsants. My stimulator has been broken and unmanaged since. I spiraled into depression, suicidal thoughts, and alcohol misuse just to dull the pain. I felt abandoned by the system. I was held in a psychiatric unit in 2016 and again in 2017 for being a danger to myself. In that darkness, I turned to Kratom. And later, at times of severe flares since March of 2024- 7-Hydroxymitragynine, or 7OH. For nearly seven years, Kratom has been my safe and effective daily support. It became my life preserver. It eases my often unbearable chronic pain, helps with narcolepsy, lowers my blood pressure, and most importantly- it gave me enough stability to achieve and maintain seven years of sobriety from alcohol. I have experienced no harmful effects other than increased pain if I skip it. 7OH, though more potent, offers additional relief when respected and taken responsibly, much like opioids should be. I do not deny that dependency exists. But dependency is not the same as addiction. Kratom and 7OH, when regulated properly, are far safer than the alternatives patients often turn to when left untreated. That is why I strongly support Consumer Protection establishing product safety through manufacturing standards, accurate labeling, third-party testing, and age restrictions. Regulation protects consumers. Prohibition, on the other hand, would only create unsafe black markets and leave patients like me without options. Kratom and 7OH are not luxuries for me- they are lifelines. Some days they allow me to make dinner. Other days they allow me to survive a severe pain

flare. Without them, I don't know if I would still be here to speak with you today. Kratom allows me to be with my grandchildren, 7OH relieves me enough to actually play with them. Please don't ban my blessing. I urge you: choose compassion and safety. Support regulation, not prohibition. Thank you for your time and consideration. Sincerely, Twinkle VanFleet – Healthcare Advocate, Sacramento, CA.

Communication from Public

Name: Misty Brown

Date Submitted: 10/28/2025 02:18 PM

Council File No: 25-0002-S82

Comments for Public Posting: From 2008 to 2019, I lived in the grip of FDA-approved pain pills, benzos, and muscle relaxers prescribed for my degenerative disc disease. For 11 years, chronic pain management fueled my addictions. It started off as a dependency then slowly slid into addiction. In April 2019, I was dismissed from my clinic after failing a required pill count. I was 11 pills short, and my usual drug dealers didn't have the pink oxy 10s I needed. Cut off from prescriptions, I turned to the streets. While searching for another pain management doctor, I slid into cocaine use. Then, in June 2019, while enduring cocaine withdrawal, I stumbled across the documentary A Leaf of Faith. That moment changed everything. The next day, I began my journey with whole-leaf Kratom not synthetic 7OH. Kratom quieted the relentless cravings-the voice that always whispered, one more pill, one more snort, one more escape. It gave me space to address the deeper reasons behind my addiction. I was able to slide my way out of chaotic substance abuse and misuse. I have not returned to pain management in over six and a half years. Today, I am no longer trapped. I am a functioning member of society again, a thriving mother, a tax-paying citizen, and a proud first-time grandmother. Most importantly, I am no longer a burden to my kids. I will forever be grateful that I found safe, lab-tested whole-leaf Kratom. Now, I share my story, knowledge, and the science behind it to help others facing addiction, chronic pain, anxiety, and depression. Yours truly, A Kratom advocate and activist from Colorado, est. 2019.

Communication from Public

Name: Brian

Date Submitted: 10/28/2025 01:14 PM

Council File No: 25-0002-S82

Comments for Public Posting: In regards to a resolution ban on kratom and 7-oh: In the last 3 years, 2 of my best friends passed, my wife almost died, 2 full siblings i did not know i had rejected me, and the industry I've worked in for 20 years collapsed. The amount of pain I have gone through- physical/mental, is off the charts. I thought i was going to die, and chose alcohol to numb myself to function- that never works out. The one thing that has gotten me back to being a human being- is Kratom including leaf and 7-oh. When taken in moderation, i have been able to kick alcohol, and get my life back. I am now employed again, and doing much better mentally. I have refused the Xanax/antidepressant route, that has not worked out for myself or my friends, one whom committed suicide 2 years ago from various antidepressants and Xanax. There really is no other feasible safe option than proper dosed amounts of kratom/7-oh. Banning this will take away a lot of progress i have made, and as a 3rd generation Angeleno, I am rooting for myself and progress. Thank you for reading this, and Rest in peace to my 2 best friends, Mark Edward Evans, and Andrew Yim.

Communication from Public

Name: Keith Pascucci

Date Submitted: 10/28/2025 01:29 PM

Council File No: 25-0002-S82

Comments for Public Posting: I am a 53 year old Catholic School Teacher for the last 28 years. Kratom has saved my life from the massive damage done to my kidneys, liver, and stomach from 11 years of OTC medications. I found it in 2011. I have severe Degenerative Disk Disease and was diagnosed in 2000. I was 300 lbs and nearly bed bound in 2011. After 14 years of daily Kratom use I am now 53 years old and in the best shape of my life. Blood work perfect. Pain gone. I am now 187 lbs because I was able to put a gym in my house thanks to Kratom. Prohibition is an ABJECT FAILURE and any sort of ban will create a dangerous black market. 23 million Americans are utilizing it daily now. If it were so dangerous, don't you think there would be mass casualties? Please keep Kratom legal in California. A ban will destroy millions of people. Thank you.

Communication from Public

Name: Amanda R
Date Submitted: 10/28/2025 01:38 PM
Council File No: 25-0002-S82

Comments for Public Posting: Hello I was born and raised in California. I have family all over southern California. I am writing you today to please ask you to not ban kratom & 7oh. Banning would be absolutely devastating to the state. We are already dealing with homeless and drug addicts, an insane amount of overdoses. What you were trying to take away from people is a tool. A tool like myself, I live with ten out of twenty of the most painful conditions to live with trigeminal neuralgia, being one of them, that is also known as the suicide disease. I was given pain medication at the early age of nine years old. I was on it for thirty years of my entire life. I lost my mother to pain medication. She did not abuse it. It just took her life unexpectedly. But with myself, living in chronic pain and pain management, being all I can do for the rest of my life. I was bedridden, I was a hundred pounds heavier, and I had no quality of life since taking kratom for 8 1/2 yrs and 7oh for almost 3 yrs. I've been given my life back. I have more normal days. Am I in pain all the time? Absolutely, but I can manage my pain with this. There's many of us that can't take pharmaceuticals. It just doesn't agree with our bodies. It doesn't work for us. I finally have something that is allowing me to be a mother that I couldn't be. And I'm able to live, I've not had to take well over 50,000 pharmaceutical pills, please, I beg you follow the science. You are going off wrong information. We need REGULATION !!! Not a ban. You have recreational marijuana, legal in your state for consumption. That gets you high, that is impairment. You allow certain blood alcohol level. Still to be able to operate behind a vehicle. You allow people to have medication in their system and operate. Heavy machinery, all of those are mind-altering substances. This plant and the extract is not like with anything accountability, is key. Anything can be abused whether it's food, water sex exercise. Everything can be abused. It's about accountability. This is a tool that I am using to manage my chronic pain. There are billions of doses that have been sold of 7oh and kratom this is a healthy alternative for many. This is saving lives. Don't ban this, please banning. It also stops all studies and research going forward. And we need this, this is beneficial. The only reason that it's being an issue is because it's taking away from big pharma.

Communication from Public

Name:

Date Submitted: 10/28/2025 02:29 PM

Council File No: 25-0002-S82

Comments for Public Posting: Dear Board, I am writing to strongly oppose any proposal to schedule Kratom or 7-hydroxymitragynine (7-OH) as a controlled substance or capping 7OH at 2% please. Kratom and 7-OH are natural plant compounds that have helped me, because of these compounds, I am able to work full time and live a normal life free of pain and anxiety. They are a much safer alternative to prescription drugs or street drugs, which are more dangerous/deadly, which many people will turn to if you deny them access. They are not a public health crisis. Banning or capping kratom means banning 7-OH as well, taking away options that thousands of citizens rely on to live healthier, more productive lives. I urge the Board to follow science, not fear and to ignore the misleading attacks you may hear from certain kratom industry groups specifically on 7-OH. These individuals are being misinformed by industry members seeking market control, not consumer safety, and they do not represent the experiences of the many citizens who rely on kratom and 7-OH responsibly every day. Instead of banning or capping 7-OH, I urge the Board to support reasonable regulation, quality standards, and transparent labeling - approaches that protect consumers while preserving access to an important natural alternative. Please follow the science, not fear, and do not schedule or cap 7-OH at 2%. Thank you. Sincerely, Melissa R. Chicago, IL

Communication from Public

Name: Soren Shade

Date Submitted: 10/28/2025 03:09 PM

Council File No: 25-0002-S82

Comments for Public Posting: Hello, I own a small kratom tea company (literally kratom leaf in tea bags) called Top Tree Herbs. I built this company with the goal of destigmatizing a maligned plant which has a rich history of benefiting many millions of lives. Our product is safe because we can use legitimate third party labs to verify it is of high quality and not contaminated with any classically food borne contaminants. It is safe because I can tell my customers how to safely and sustainably consume it for optimal benefits and reduced harms. It is safe because my customers can freely consume my tea in public and carry on with their responsibilities unimpeded by fear of arrest. Prohibition would eliminate all of these safety measures that benefit the lives of all who consume kratom products. Finally, while I have no financial ties to 7OH, and find the market in desperate need of regulation, prohibition will only increase any harms already associated with it. In sum, I submit my opinion that there should be no act of prohibition against either kratom or 7OH. Soren Shade

Communication from Public

Name: Drea Powers

Date Submitted: 10/28/2025 03:20 PM

Council File No: 25-0002-S82

Comments for Public Posting: In Support of Keeping Kratom Legal My name is Drea, and I am submitting this testimony to respectfully urge policymakers not to ban kratom. I am a chronic pain patient with several chronic pain diagnoses. I've been using kratom for over a decade for pain, sever anxiety and depression. I have been given my mobility back, thanks to this plant. Also, it has saved the lives of my siblings. Both survived fentanyl poisonings/overdoses in 2016. Kratom was found by my brother researching for help to withdraw off of heroin and became sober. My sister had also gotten and remains sober from poly substance addiction. I never thought I would see them sober, however, kratom saved their lives. Kratom (*Mitragyna speciosa*) is a natural plant in the coffee family, and scientific research increasingly supports its safety and potential benefits when used responsibly. Peer-reviewed studies show that kratom's primary alkaloids, mitragynine and 7-hydroxymitragynine, act as partial opioid receptor agonists, which means they can provide pain-relieving and mood-supportive effects without the high risk of respiratory depression that makes traditional opioids so dangerous. In 2019, a comprehensive review in the journal *Drug and Alcohol Dependence* concluded that kratom has a much lower potential for abuse and dependence than conventional opioids. Additionally, toxicology data from the U.S. Centers for Disease Control and Prevention (CDC) and the National Institute on Drug Abuse (NIDA) show that kratom-related fatalities almost always involve other substances, not kratom alone. Research from the University of Florida, Columbia University, and Johns Hopkins University has found that many people use kratom as a harm-reduction tool, helping them transition away from opioid or alcohol dependence and manage chronic pain or anxiety without dangerous pharmaceuticals. Surveys published in *Substance Use & Misuse* and *Frontiers in Pharmacology* found that the majority of kratom consumers report improved quality of life, reduced withdrawal symptoms, and few significant adverse effects. Given these findings, an outright ban would not only be scientifically unjustified but could also drive people back toward more harmful substances. Instead, I strongly support regulation through the Kratom Consumer Protection Act (KCPA), which would ensure product purity, accurate labeling, and safe access — protecting

consumers while preventing misuse. Science shows that kratom, when used responsibly, is a low-risk botanical with meaningful potential benefits. Please base decisions on data, not fear, and keep kratom legal and regulated for the millions of Americans who depend on it as a safe, natural alternative. Thank you for considering the evidence and for protecting consumer freedom and public health. Sincerely, Drea

Communication from Public

Name: Venus Usher

Date Submitted: 10/28/2025 03:25 PM

Council File No: 25-0002-S82

Comments for Public Posting: I'm asking you to please keep plain leaf kratom legal and regulate it responsibly. After an FDA-approved medication caused 17 years of severe pain and misdiagnosis, plain leaf kratom tea gave me my life back. It helps me function, stay clear-minded, and live with dignity. But people are suffering because of misinformation. Marshall Price was sentenced to ten years in prison for kratom — and he was murdered in jail. Shaina Brown now faces ten years to life for the same thing: possessing a natural, unadulterated plant that helps people. These are not criminals — they are human beings caught in a broken system. Please don't turn patients into prisoners. Regulation saves lives; bans destroy them. Thank you for your time, your compassion, and your willingness to hear the truth.

Communication from Public

Name: Craig Burlingame

Date Submitted: 10/28/2025 03:26 PM

Council File No: 25-0002-S82

Comments for Public Posting: My name's Craig Burlingame and I have been taking Kratom for about 4 years. I discovered kratom after research for alternative medicines for pain. I have had two surgeries on my rotator cuff that was torn from a work-related accident. One prescription became another and I was very scared that I was becoming addicted until I found Kratom. I successfully weaned off opiates by using kratom and I discovered that not only is it the best analgesic, but It's the best mood booster I've ever had. I would have crippling gallbladder attacks and by using kratom that pain would disappear. Banning Kratom would create a black market where people will surely die, please do not ban kratom. The synthetic 7oh is what people need to be aware of that is highly addictive and dangerous and should be regulated . Whole leaf natural Kratom is a miracle from nature that has saved lives and has been studied and proven there is no toxic levels of UNADULTERATED POWDER. Please separate the two substances. Unadulterated Kratom does not produce respiratory depression unlike pharmaceutical opiates. Thank you for your time.

Communication from Public

Name: Andy

Date Submitted: 10/28/2025 03:40 PM

Council File No: 25-0002-S82

Comments for Public Posting: I'm writing to express my concerns over a potential ban of 7-OH. I'm a professional who has discovered this natural alternative to prescription medication and it has helped me with chronic pain and anxiety without ever being dependent upon it. I think banning it would be detrimental. Thanks for your time.

Communication from Public

Name:

Date Submitted: 10/28/2025 03:57 PM

Council File No: 25-0002-S82

Comments for Public Posting: Since starting 7oh our quality of life & our children's has improved drastically. We used to do hard drugs but haven't touched any since starting 7oh. It's literally been a lifesaver.

Communication from Public

Name: Concerned citizen

Date Submitted: 10/28/2025 04:01 PM

Council File No: 25-0002-S82

Comments for Public Posting: Please do not ban kratom /7-Hydroxymitragynine. The stories of it being harmful or a danger are exaggerated and misinformed just like "reefer madness". No one is being harmed taking these supplements. No violence is shed over them. No illegal money is helping criminal organizations. Kratom has been a lifesaver for me and countless others. I was struggling with fentanyl addiction with seemingly no end in sight until I read about kratom. I was able to use kratom to kick my fentanyl addiction. Kratom literally saved my life. Please I emlore you, do not take this lifeline away.

Communication from Public

Name:

Date Submitted: 10/28/2025 04:17 PM

Council File No: 25-0002-S82

Comments for Public Posting: My mom deals with chronic headache that only 7-hydroxymitragynine (7-OH) could fix. No matter countless prescriptions and doctor visits she had, there was nothing that actually helped her headache. We tried everything: from CBD, pain killers, and she still woke up in the middle of the night due to severe pain. But 7-hydroxymitragynine (7-OH) fixed it all. She takes about 20mg in the morning and constantly redoses, and when she needs to get off of them for any reason (taking a flight to different country, etc) we can taper off very easily and fast. You can go from a few hundred mgs to maybe 50mg in one day, and not experience any, or very few withdrawals. What I want to say is that there are people who need this to survive; to live a normal life that we take it as guaranteed. Banning this cure should not be an option, we need this for people like my mom. This was the one cure we could find after years of searching, please make this available for those in need.

Communication from Public

Name:

Date Submitted: 10/28/2025 04:20 PM

Council File No: 25-0002-S82

Comments for Public Posting: Kratom and specifically the 7oh alkaloid of the plant has quite literally saved my life. Prior to getting introduced to these substances, I was an alcoholic, poly drug abuser that was headed for a very early death or long imprisonment. I now am a tax paying, productive member of society and my life has never been better. I fear prohibition of these substances will destroy all progress I've made. There are thousands of stories like mine. Please, to save lives and keep some sanity in this crazy world, keep these substances available to responsible adults. Thank you.

Communication from Public

Name: Franklin O

Date Submitted: 10/28/2025 04:22 PM

Council File No: 25-0002-S82

Comments for Public Posting: Hello, my name is Franklin. I grew up in alaska, facing over a decade of substance abuse. As a last ditch effort I relocated to california to stay with family. Although they're love and support was beyond beneficial, and managed to help me turn a new leaf in my life. Within 2 years I was fading back into my old ways, starting with alcohol and Marijuana my habits would slowly devolve into harder illicit substances. During covid I lost my job and was addicted to oxycodone. I was told about kratom by a family member that uses it for pain due to age and declining health. Through the work of consumer protection advocates keeping kratom available to people like me, I was able to purchase kratom locally. Kratom was indispensable in helping me break free from all other substance use. I now use only kratom daily, I have been sober from all substances, including alcohol and Marijuana since June 2020. In that time do to kratoms effects I have not had to fight cravings or impulses of my addiction, able to focus on what really matters in my life. Because of kratom I have found the love of my life, and had a child. Because of kratom I was able to find a career I love and pays enough to support me, my wife, and child in california. Kratom has very mild effects, far less than alcohol or Marijuana. Natural lead kratom has a natural ceiling effect that makes abuse in large quantitis impossible. It is the perfect tool for addicts and those in pain, that want to treat their pain without being inebriated 24/7. I truly fear for my life, and the life of my family if this tool was taken from me and other california residents. Im vividly aware of substances derived from kratom, such as "extracts" and "7-hydroximitragynine" these derivatives do not represent the potential of kratom. They are gross synthetic perversions of what kratom is. What we need is regulation and consumer protections for natural kratom, such as is recommended currently on a federal level. There is astounding amounts of scientific evidence of the harmless and helpful nature of the kratom plant. Ignoring these facts and prohibiting all kratom is a disastrous course of action. In current times everyone deserves to have access to a safe and effective tool, that isnt alcohol or marijuana. Alcohol frequently results in damage to home life's, and the lives of there familys. With horrifying irreversible damage to esophagus, stomach, and liver. Marijuana, which is not allowed for 99% of employment opportunitys, and

cause a psychoactive effect far to strong and anxiety inducing to be effective for many. The next time you drink a beer and relax, think about the fact that consuming that substance is a luxury you have. A luxury you would be taking from millions of law abiding people that decided they dont want to be subject to alcohols destructive potential. Alcohol has time and time again, cost the state and its taxpayers millions in damage and restitution. No one is dying from kratom. No one is robbing and killing others on, or for kratom, no one is driving there 4k pound car into pedestrians walking to the corner store on kraton. No one is destroying their life, tearing their family apart, because or kratom. Opiod related deaths are on the decline for the first time in a decade, just as the publics knowledge and availability of kratom is at its highest. Kratom is directly saving lifes just by being commercially available. There is no strong scientific data showing kratom is any more harmful then nicotine or other legal substances. I would hope that actions like the ones your proposing would be based in the scientific data that has been reported for the last decade. I hope that any decision made towards kratoms legality and availablity will be for the betterment of its citizens, not reactively to fear, ignorance, or political bias. Thank you for your time and I hope the voices of me and many others that rely on access to safe commercial kratom reach you well.

Communication from Public

Name: Madalyn

Date Submitted: 10/28/2025 04:34 PM

Council File No: 25-0002-S82

Comments for Public Posting: I oppose the banning of Kratom. I suffer from degenerative disc disease and was in pain management for 9 years, taking pharmaceuticals daily to help relieve the pain. I was abruptly abandoned by the doctor due to the strict government policies. I found whole-leaf Kratom powder in 2019, and it's worked far better for me. I've had no negative side effects, and I am free from debilitating pain. Whole-leaf Kratom powder has been amazing for me and so many others. Please keep it safe and legal with regulations not prohibition.

Communication from Public

Name:

Date Submitted: 10/28/2025 04:50 PM

Council File No: 25-0002-S82

Comments for Public Posting: I have used 7-Hydroxy for years as a safe and effective cough suppressant and pain management. I am self insured and this has saved me many times as I would have either had to endure the pain and coughing that can last months or find other less safe methods to treat my discomfort. Please reconsider the ban.

Communication from Public

Name: Ryan George

Date Submitted: 10/28/2025 04:57 PM

Council File No: 25-0002-S82

Comments for Public Posting: Kratom and 7oh saved my life! I was addicted to pain medication and then fentanyl and kratom saved me from it all! Banning it without letting it be studied for future uses is just preposterous!

Communication from Public

Name: Colby

Date Submitted: 10/28/2025 05:02 PM

Council File No: 25-0002-S82

Comments for Public Posting: I am writing in the hopes that my message to stop the ban of kratom and kratom derived products is seen and understood. The bill would cause much more damage to an already fragile epidemic and not solve the core issues of addiction and effective regulation. Rather, it seems the substance and its derivatives are targeted as the problem instead of creating legislature for tighter restrictions, safer products, and well-regulated testing. Many people including myself, use kratom for a wide variety of issues such as anxiety, help with pain management, focus, and depression. I personally am a recovering addict as well, who now uses kratom alternatively to dangerous street drugs. Once I found that the negatives are completely outweighed by the positives when it comes to kratom versus more traditional opiates/opioids, I decided that getting clean from hard drugs and maintaining a more productive path is the way I want to go instead. Kratom has helped me with just that and I know many others have the same experience also, after networking and communicating with others simply in my personal life. This is not just a small issue affecting a few people, mostly every person knows someone who is addicted to opiates/opioids or another drug of some kind and while it would be amazing to get all addicts off them, that simply is just not likely. So, as a result in the long term, people will access these substances whether they are legal or not, as we've seen with illicit ones such as meth or heroin. It doesn't just disappear overnight, so I believe the most effective thing to do would be to ensure as many people who should not be taking this don't and those who are taking it have regulated laws and products that will keep them safe. The realm of addiction is not easy to navigate because every person has a different plan of action and capability to remain entirely clean. So, with that in mind it seems the more regulated that the market can be, the less likely that safe products like this will end up on the street and be contaminated with fentanyl or something else. Then, everything to protect children and non-users from picking up a habit becomes nullified and even more difficult to regulate once it is on the black market. If the government can get to a proper amount of well-defined legislature, then the issues regarding safety can be addressed much more easily once the market is tightly regulated. I hope these messages are useful enough to get perspective from

myself and many more who are using this substance responsibly and carefully. People should not be punished because of unregulated markets and confusing verbiage which simply does not define legality of these substances for any citizen to make proper judgments. Once the government can clear up the confusion, I believe then the attention can be put on the overwhelming issue of addiction, rather than blaming one or a few known substances. The substance is not the issue, the problem is greater than that. I appreciate those who are taking the time to read my comment and hopefully it serves its purpose well, thanks.

Communication from Public

Name: Jack

Date Submitted: 10/28/2025 05:46 PM

Council File No: 25-0002-S82

Comments for Public Posting: Last year, I was diagnosed with a medical condition that left me in constant agonizing pain, and despite visits to several specialists, a multitude of prescriptions, and a surgery, I've been given no relief from my suffering, and now have thousands of dollars in medical bills to pay. I discovered 7OH, and it has completely changed my life for the better. It has offered me much needed relief from my pain, and has allowed me to live a normal, functioning life again. Without 7OH, I am terrified that I will be relegated to a life of agony, unable to do the simple things that I once took for granted. Please do not ban this substance, it has made all the difference in allowing me to live a full life once more.

Communication from Public

Name:

Date Submitted: 10/28/2025 06:06 PM

Council File No: 25-0002-S82

Comments for Public Posting: 7-OH saved my life. Kept me off the streets, so I could get a job, live in a home, and pay taxes. Please don't ban it.

Communication from Public

Name: John C

Date Submitted: 10/28/2025 06:13 PM

Council File No: 25-0002-S82

Comments for Public Posting: This spontaneous vote to support banning kratom is based on pure misinformation. The truth is that kratom has saved thousands of peoples' lives and has an extremely safe safety profile. People use it as not only a safe natural alternative to dangerous pharmaceuticals, but a means of harm reduction because the alternative is so much worse. Banning it would result in the direct loss of so many lives. I personally have finally been able to lead a successful life due to kratom. I've met my wife, had a beautiful son, and launched a very successful career that I would otherwise not have had if I was still grappling with more dangerous substances. I no longer have any desire to use anything else and it's all thanks to this beautiful plant.

Communication from Public

Name:

Date Submitted: 10/28/2025 09:34 PM

Council File No: 25-0002-S82

Comments for Public Posting: We support the bill's existing safety measures — testing, accurate labeling, and Certificates of Analysis — which already ensure consumer protection. However, a percentage-based cap unfairly targets 7-OH while allowing mitragynine products with up to 1,000 mg or more per unit to remain unrestricted. If safety were the true intent, both natural alkaloids should be held to consistent standards. This selective restriction benefits certain large vendors and undermines equal-market fairness and science-based regulation. naturally derived alkaloids and extracts obtained from *Mitragyna speciosa* — including concentrated or oxidized 7-hydroxymitragynine — are not synthetic when produced through standard extraction or oxidation with food-grade solvents. These are the same processes utilized for mitragynine extracts and do not involve chemical synthesis from non-plant materials

Before finding 7oh, my life was a revolving door of drug addictions. I would go from fentanyl dependence, to alcohol dependence, . I had done that for the past nearly 10 years. I was constantly trying to escape sobriety and my life suffered terribly for it. From financial struggles to fighting for my life from overdoses, I was miserable constantly. I had originally found kratom and began using that to get off of fentanyl and it worked for the most part but I would still drink until blackout every single day. Then I heard about 7OH and initially it was the fact that I wouldn't have to swallow spoonfuls of plant matter or fist fulls of capsules that drew me in. From the moment I took the first tablet of 7OH I noticed that any desire to drink or craving for any other substance that I would usually have were completely gone. I had absolutely no desire to consume any other substance at all. This was 14 months ago and I have been alcohol free and clean from all other substances and haven't missed or even so much as thought about using anything else. I'm not going to say that I could have never done this without 7oh but I would never have been happy or done this without suffering and temptation. I won't go as far as saying 7oh saved my life, I will say that it has allowed me to live a more functional and productive life over the past 14 months that I have been using this substance. I've heard countless stories of people using 7oh to get off of fentanyl, for those people it just might have saved their life. There is no one dying from 7oh. There are certainly people dying from alcohol and that can

be purchased on every corner. Although I do believe that 7oh should be regulated and not sold to people with no knowledge of the substance, I do not believe scheduling and blocking people's access to it will benefit anyone. Please do not schedule 7oh and keep it accessible to the many people who use it for pain management as well as harm reduction Thank you for your time and consideration

Communication from Public

Name: Jason

Date Submitted: 10/28/2025 09:43 PM

Council File No: 25-0002-S82

Comments for Public Posting: Why 70H Stands Out as a Better Path to Relief and Well-Being In a world where pharmaceutical companies dominate most of the pain-relief and wellness market, it's refreshing to have an option like 70H something designed with the body's natural balance and long-term well-being in mind. While no product is completely without risks, the real question for many people is: Does the benefit outweigh the concern? And for countless individuals, the answer with 70H is an enthusiastic yes. Unlike many pharmaceutical solutions that may rely on synthetic chemicals, heavy prescriptions, or substances that can lead to dependency or harsh side effects, 70H offers a supportive approach that works with the body instead of against it. Many users appreciate that 70H focuses on holistic relief, easing discomfort while also helping improve daily quality of life, mood, mobility, restful sleep, and overall comfort. Where pharmaceutical pain relief is often about masking symptoms temporarily, 70H is about supporting the body's innate ability to feel better and thrive with people frequently reporting not only less pain, but more clarity, calm, and balance. It's a powerful reminder that health and healing don't have to be tied only to the pharmaceutical world. Of course, being informed is important. Like anything beneficial, 70H should be used responsibly, with awareness and guidance where needed. But when weighed against many traditional drug-based options that carry significant risks or long-term concerns, 70H proves again and again to be a trusted, natural-leaning alternative, offering comfort and relief that people can feel good about choosing. For those seeking a safer, more supportive, and more empowering approach to well-being 70H isn't just another option. It's a better one. Thanks for your consideration Jason A

Communication from Public

Name: Edward Coburn

Date Submitted: 10/28/2025 10:05 PM

Council File No: 25-0002-S82

Comments for Public Posting: My name is Edward Coburn(45 year old), I am a resident & homeowner in Palmetto, Florida. I am writing in regards to item 25-0002-S82 & California Assembly Bill 1088. I fully support age restrictions & limits on marketing to minors, as well as clear accurate labeling & any health warnings. However, under the current language of this bill, it essentially bans 7-hydroxymitragynine. A 2% cap of alkaloids renders all current products illegal overnight. This 2% language isn't even from known public health advisors, it largely came from big kratom industry lobbyists, with interests in eliminating 7-OH from the competitive marketplace. Kratom & 7OH have both been a massive impact in my life. Kratom first came to me in 2012, helping me finally exit a methadone treatment after 8years. Free of financial burdens, I even purchased my 1st home in 2013. Kratom was great for years, but never fully helped my social anxiety & agoraphobia. In 2024 I was introduced to 7OH, and was amazed at how effective it was that I was finally able to drop my Rx for benzodiazepines. This substance must be understood & not demonized!! Look at what government did to cannabis in its early days! Please don't repeat history with kratom/7OH. Yes, it absolutely needs to be regulated(7OH). It never should have been sold in gas stations. A ban will only cause it to fall into the dangerous black market with absolutely no testing for dangerous chemicals! I've also turned friends onto 7OH, helping them finally kick their fentanyl habits! That's how powerful & positive it can be when used responsibly! Sadly, being that I'm a Florida native, this emergency ban here has affected me negatively, essentially making me a criminal overnight if I continued my use, and returning me to use my Rx benzodiazepines once again. I can only pray now that this ban will overturn. So I respectfully ask the LA city council to oppose or amend its support for AB 1088. Please remove the 2% language & allowing for research & evidence based policymaking. Let us protect consumers with transparency, never prohibition. Thank you for your time & listening to those affected by this issue. Sincerely, Ed Coburn

Communication from Public

Name: Kelsey

Date Submitted: 10/28/2025 10:11 PM

Council File No: 25-0002-S82

Comments for Public Posting: Hello, I'm here to beg of you to reconsider this, as kratom and its other alkaloids have given my and my mother our quality of life back, as well of thousands of other people. I had a complete thyroidectomy after having thyroid cancer and also deal with chronic pain like RA and osteoporosis but cannot get proper care for my pain. Neither can my mom and she has worse pain than I do, please please do not go through with this, kratom and 7oh is the greatest, and safest, natural harm reduction tool there is! It got me away from hard drugs 10+ years ago and now has given me the ability to function properly and be a functioning member of society and I can finally work again! Without it, used responsibly of course, I wouldn't be able to do all of these things. I'm a single mother of two and also care for my mother. I NEED to be able to work but without kratom, and occasionally 7oh, that won't be physically or mentally possible for me. I know this is a similar story to SOO many others! For many, Kratom and 7oh have kept them off of dangerous black market street drugs laced with fentanyl that is killing people and Kratom has given them the ability to get away from those drugs AND to function and get jobs and be a better mother/father to their children! If you'd follow the science, you'd see that you cannot overdose on Kratom or 7oh alone, it has a ceiling effect, it's impossible to OD and die from it by itself especially. Please do not take away the safest natural alternative and harm reduction tool we have available! I beg of you, my family, my own kids, beg of you! Please reconsider! This will only push people to go back to the streets and overdose and die. I appreciate you taking the time to read my comment and hear me out. Please consider safety, harm reduction, and the hundreds of thousands responsible users of kratom that rely on this plant to be functioning members of society. Thank you.

Communication from Public

Name: Josh

Date Submitted: 10/28/2025 10:18 PM

Council File No: 25-0002-S82

Comments for Public Posting: 7oh has been an absolute life saver for me as someone who has cancer and severely untreated pain. If it wasn't for this substance I would be in so much suffering every day. 7oh allows me a quality of life that I wouldn't be able to achieve without it and it is unbelievably safe considering the class of substance it belongs to. There is no respiratory depression, at least none that is significant in any measurable way, and the only deaths which can be counted on one hand that are associated with it have all had alcohol present as well. Please do not ban this as myself and so many others rely on it for so many things. Follow the scientific method and come to a reasonable solution. That is the only course of action that makes sense. Thank you, Josh

Communication from Public

Name: Dan A.

Date Submitted: 10/28/2025 10:33 PM

Council File No: 25-0002-S82

Comments for Public Posting: Please review the facts and science behind 7oh. Los Angeles has a major drug problem right now, but overdose deaths are down almost 30% in this last year. 7oh became popular about this time last year, it's not a coincidence. So many people are using this as a crutch to get off deadly and dangerous drugs like fentanyl. The deaths that LA are claiming were caused by 7oh, were not! I have review the medical examiner reports and I urge you to review them as well. Anyone can read them and know that 7oh didn't cause these deaths. If 7oh becomes banned or restricted to 2% (basically a ban) the deaths are going to be on your hands. People will start using deadly drugs again. Overdoes will rise. No one has died from 7oh alone, they haven't. Review the reports and facts.

Communication from Public

Name: A. PIER

Date Submitted: 10/28/2025 10:49 PM

Council File No: 25-0002-S82

Comments for Public Posting: I've been using kratom leaf powder for 12 years to treat my daily, chronic pain and inflammatory bowel disease. On occasion, I also use 7-OH products to alleviate extreme pain. If ALL kratom products become illegal to use, I'll probably resort to abusing oxycodone and hydrocodone illicitly like I used to. Please reconsider banning this natural, miracle plant from those of us that need it and rely on it. Respectfully, thank you.