

Communication from Public

Name:

Date Submitted: 02/03/2026 10:16 PM

Council File No: 25-1357

Comments for Public Posting: 7-OH and kratom are two different things. Kratom is a 100% naturally occurring plant while 7-OH is a synthetic derivative of kratom. I believe both 7-OH and kratom should be available to adults over 21 and especially people trying to manage chronic pain, however I do want to make it clear that they are not the same. I believe that since Council is acting with public health in mind, clear metrics should be assessed to determine whether their approach truly reduces harm. I find it concerning that some 7-OH products are marketed as “dietary supplements”. To help keep everyone safe, appropriate and concise labels should be applied to all 7-OH products, products should not appeal to children, and the no purchase under 21 laws should be strictly enforced. Please, consider your residents that have chronic pain. I have chronic pain myself. We are 2-3 times more likely to commit suicide than those without chronic pain, and suicidal ideation ranges from 18-50% in our community as well. This ban would take away what some of us use as the only treatment that has ever worked for us. Based on the extensive research that I have done on the topic of 7-OH, the numbers support the fact that it does more good than harm. They save the lives of people in my community, the chronic pain community. I have emailed my full written letter, complete with references, to the City. Thank you for reading.